

Dr Mehdi Fathi

**Cardiac anesthesiologist, Associate professor of Mashhad University of Medical Sciences
International hypnosis trainer, BOD member of Iranian scientific society of medical sciences**

He is the most prominent and well-known researcher of hypnosis fields in Iran. He has graduated in anesthesiology and cardiac anesthesia as subspecialty. He has been trained in heart transplantation anesthesia in Paris (2009) and became a faculty member of Iran University of Medical Sciences (Tehran) at the same time. He is an associate professor of cardiac anesthesia in Mashhad University of Medical Sciences and the head of Training program of cardiac anesthesia fellowship there.

He is one of the first trainers in Iranian Scientific Society of Clinical Hypnosis (ISSCH) who has nearly 30 years of experience in the field. He has been a board member of ISSCH for 18 years and has the most important role in enhancement of hypnosis sciences in Iran. He has organized four international congresses on hypnosis in Iran (2012,2013 , 2015 and 2016) and he himself was the scientific secretary and main organizer of them. These events introduced Iranian hypnosis situation to the world. He is also the scientific secretary and main organizer of the first world congress on hypnodontics (September 2016) and international congress on Mental training (2017).

He is main organizer of the first Asian hypnosis congress on October 2019.

He has organized more than 200 hypnosis conferences around Iran universities and presented many articles in national and international conferences.

He has guided more than 50 hypnotic projects as MA in Psychology to postdoctoral in medicine and anesthesia thesis in Iran .

He has published many articles in international journals (ISI and PubMed indexed).

He has written 65 titles of books in hypnosis and health care aspects (native language,Persian).

He is the chief of the only branch of ISSCH in Khorasan state (Mashhad).

He is pioneer in using hypnosis for painless child bearing in Iran.

He is married .His wife is associate professor of pediatric surgery in Mashhad University of Medical Sciences.They have a son who is 15 years old.

International published articles:

1.Farhad Omidi Kashani,Ebrahim Ghayem hasankhani,**Mahdi Fathi**, Primary Epidural varicosity as a rare cause of sciatica,a case Report, Iran journal medical science,November 2015,vol 40,No 6

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12. Mehdi Fathi · Azra Izanloo · Saeed Jahanbakhsh · Mehryar Taghavi Gilani · Ali Majidzadeh · Azam Sabri Benhangi · Naser Paravi. Central Venous Cannulation of the Internal Jugular Vein Using Ultrasound-Guided and Anatomical Landmark Techniques. Anesthesiology and pain medicine 6(3): jun2016
13. Azra Izanloo , Mehdi Fathi , Sara Izanloo , Hassan Vosooghinia , Alireza Hashemian , Sayyed Majid Sadrzadeh. , Kamran Ghaffarzadehgan Efficacy of Conversational Hypnosis and Propofol in Reducing Adverse Effects of Endoscopy. Anesthesiology and pain medicine 5(5): Oct 2015
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